



ROSEMEAD SCHOOL DISTRICT

October

Muscatel Breakfast and Lunch



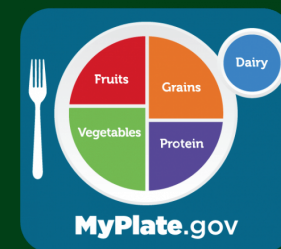
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 Pancake on a Stick General Tso Chicken, Brown Rice, Garlicky Broccoli, and Fortune Cookie 🍴	2 Bagels with Cream Cheese Breaded Chicken Drumsticks, Onion Rings, and Mashed Potatoes & Gravy 🍴	3 Scrambled Eggs, Toast, and Hashbrowns Manager's Special
6 Breakfast Egg, Cheese & Bacon Sandwich 🍴 Beef Pasta Bolognese with Garlic Knot 🍴	7 Assorted Pop Tart with Cracker Chicken Taquitos, Refried Beans, Guacamole, and Pico de Gallo	8 French Toast Sticks with Turkey Sausage Grassfed Hot Dog with Three Bean Chili	9 Mini Chocolate Donuts Breaded Spicy or Regular Chicken Filet Sandwich with Creamy Coleslaw 🍴	10 Chocolate Chip Muffin Pepperoni, Sausage or Cheese Pizza with Tossed Salad 🍴
13 Breakfast Egg & Sausage Sandwich 🍴 Chicken Penne Alfredo, Garlic Breadsticks, and Garlicky Broccoli 🍴	14 Mini Powdered Donuts Nashville Hot Chicken Tenders, Corn Bread Poppers, and Cross Trax Fries	15 Freshly Baked Cinnamon Rolls 🍴 Chicken & Vegetable Dumplings, Edamame, and Chow Mein	16 Bagel with Cream Cheese Chicken Waffle Sandwiches, Tater Tots, and Pineapple Coleslaw 🍴	17 Ham & Cheese Croissant Pepperoni, Sausage or Cheese Pizza with Tossed Salad 🍴
20 Egg Omelet, Turkey Bacon, and Toast Boneless Chicken Wings, Donuts, and Buffalo or BBQ Dip	21 Assorted Concha Crunchy Beef Taco, Refried Beans, Spanish Rice and Elote Salad 🍴	22 Freshly Baked Chocolate Chip Scones 🍴 Spaghetti & Meatballs, Garlic Breakfast, and Garlicky Broccoli 🍴	23 Cinnamon Toast Crunch Filled Bar Grassfed Hamburger or Cheeseburger with Crinkle Cut Fries	24 Egg, Cheese & Sausage Tornado Pepperoni, Sausage or Cheese Pizza with Tossed Salad 🍴
27 Dutch Waffle with Maple Syrup Chicken Wings or Wings of Fire, Garlic Knot, and Seasoned Wedges	28 Breakfast Pizza Bagels Carne Asada Nachos, Refried Beans, Guacamole, and Pico de Gallo 🍴	29 Pancake on a Stick General Tso Chicken, Brown Rice, Garlicky Broccoli, and Fortune Cookie 🍴	30 Bagels with Cream Cheese Breaded Chicken Drumsticks, Onion Rings, and Mashed Potatoes & Gravy 🍴	31 Scrambled Eggs, Toast, and Hashbrowns Manager's Special



All children enrolled at Rosemead School District are provided breakfast and lunch at no cost!

Available Daily:

8 oz 1% White Milk
8 oz. Nonfat Chocolate Milk
Assorted Fresh Fruit & Vegetables



Freshly Prepared



Plant-Based

Menu is subject to change without prior notice.
This institution is an equal opportunity provider.

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